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### News on the Maye

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### **Eradicating**Poverty

To mark the United Nations' International Day for the Eradication of Poverty next Monday, Metro Canada is taking a look at how Canadians are fighting poverty and making ends meet.

• Today

We look at the local face of poverty and ask Ottawans how they think we can eradicate poverty.

Word on the street, page 7.
• Tomorrow

We introduce you to a local resident who is living in poverty because of the recession.

Friday

Metro looks at how local agencies are trying to help those who are living below — and above — the poverty line.

Online

Metro Canada wants to hear your ideas on how we can eradicate poverty and learn about how the issue is facing your community. Go to metronews.ca



### **Dragons' Den** pg 15

# Working for yourself a common dream

On the web

Visit metronews.ca for news updates



After losing a string of jobs in 2006 and 2007, Ottawa resident Jacynthe Garceau went from bankruptcy and receiving social assistance to a diploma from Algonquin College and a full-time job. She tells her story as part of Metro's Eradicating Poverty series. **Story, page 2.** 

### The face of poverty

### Rate of poor rising despite Ottawa's recession-proof rep

### **Eradicating**Poverty

LAURA EGGERTSON for Metro Ottawa

A homeless man was trying to warm a can of soup jammed into a heat vent at the corner of Ottawa's ByWard Market when Michael Maidment and the Salvation Army's outreach team came upon him one frigid night last winter.

For Maidment, that man — wrapped in a sleeping bag in the shadow of a luxury condominium development — is one face of poverty in the nation's capital.

"One of the great ironies when you're standing in the Market at two in the morning and you help someone out who is homeless with a warm pair of socks is to see the Peace Tower in the background," said Maidment, the chair of the City of Ottawa's Poverty Issues Advisory Committee.

The irony Maidment refers to is that as a government town, Ottawa is considered largely recession-proof — and the nation's legislators have the power to lower rates of poverty not just here, but across the country.

Despite that, as the UN's International Day for the Eradication of Poverty draws near on Oct. 19, the gap between rich and poor in Ottawa grows. Based on 2006 figures from Statistics Canada, the overall poverty rate in Ottawa was 18.6 per

### "One of the biggest causes of poverty in Ottawa is the lack of affordable housing."

Dominique Paris-MacKay, anti-poverty co-ordinator

cent, up from 18.4 per cent in 2000 — and that was prior to the toll the recession has taken. One in six children lives in poverty in Ottawa, compared to one in five children across the rest of the province.

Food banks here reported a nine per cent increase in visits from March 2007 to March 2009, even as their donations dropped.

Particular segments of society in Ottawa, such as new immigrants, refugees and the elderly, are harder hit than others, said Dominique Paris-MacKay, antipoverty community co-ordinator for the Coalition of Community Health and Resource Centres of Ottawa.

"We're not making ends meet here. We don't have enough food to serve the people who access our services," said Paris-MacKay.

Although they may not be visibly homeless, there are also thousands of residents who make up the working poor and live paycheque to paycheque, largely because of an inadequate supply of affordable housing.

There are roughly 10,000 people waiting on the city's housing list.

"One of the biggest causes of poverty in Ottawa is the lack of affordable housing," said Paris-MacKay.

# Tweaks to plans for Lansdowne discussed

TIM WIECLAWSKI tim.wieclawski@metronews.c

PARK Some possible alterations to the Lansdowne Partnership Plan are being discussed, but it's not what Roger Greenberg would call a new plan.

The Minto chairman and CEO met with Mayor Larry O'Brien and city manager Kent Kirkpatrick to discuss the feedback they've each received during the public consultations.

Greenberg is one of a quartet who formed the Ottawa Sports and Entertainment Group in an effort to bring Canadian football back to Ottawa and develop Lansdowne Park.

Throughout the public consultations and his own interaction with the public, Greenberg said he has heard "tremendous support" for the plan in general, but there were parts that caused some concern.

Greenberg said OSEG is now revisiting options like the potential uses for the Aberdeen Pavilion and the Horticulture Building; the location of the Farmers' Market; reducing the proposed retail space and accelerating development of the hotel and condominiums in order to maintain a revenue-neutral business plan.

Coun. Clive Doucet called the tweaking more indicative of panic than compromise. "It's a hurry-up process designed to give away the park and we're just changing the hurry-up rules, that's all." he said.

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News on the Meye



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### Local



### 2,967 tickets issued in September

Last month, the City of Ottawa's Selective Traffic Enforcement Program laid a total of 2,967 charges for speeding and failing to stop for school buses when their flashing red lights were activated, police said. While 2,927 tickets were issued to drivers who failed to adhere to posted speed limits, the school bus initiative resulted in 40 charges. The fine for passing a stopped school bus with its upper red lights flashing ranges from \$400 to \$2,000 and six demerit points for a first offence. METRO OTTAWA



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### From jobless to fulfilment

'Very lucky' woman starts over

TRACEY TONG tracey.tong@metronews.ca

#### It's never too late for a fresh start.

Just ask Jacynthe Garceau. In August 2006, Garceau lost her restaurant job. Employment insurance quickly ran out, and she went on social assistance. She quickly found a job as a cleaner, only to be downsized again several months later. She went back on Ontario Works and

declared bankruptcy.
"I was in disbelief,"
Garceau, now 34, remembered. "My pride was out the window ... I did not want to get on social assistance. I know that a lot of people need it more than I do.'

When a social worker asked what she wanted to do, Garceau took a long, hard look at her life.

"I knew I wanted to cook," she said. Later that day, she applied to volunteer at the Ottawa Mission.

For six months, Monday through Friday, she did prep work and washed dishes, gaining experience while continuing to receive social assistance.

### **Eradicating Poverty**

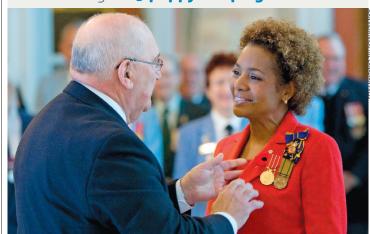
It was tough, she said. Each month, after paying her rent, she paid off as much of her bankruptcy as she could. With \$40 to spend each month, she bought groceries, eating her breakfast and lunch during her shift at the shelter.

Getting ahead seemed impossible. But then the Mission helped her apply for the two-year culinary manage-ment program at Algonquin College. "I was sponsored by them — they paid my tu-ition, for my books, tools, uniform and my bus pass."

When it came time to look for a job, the Mission stepped in again, referring her to a care facility for seniors, where she now works as a cook, dietary aide and dishwasher.

"I was very lucky," Garceau said. "If it wasn't for the Ottawa Mission, I'd probably still be on social assistance and I would have lost my dreams. My dream has always been to be a chef and they gave me the opportunity to succeed."

### Remembering 2009 poppy campaign



Gov.-Gen. Michaëlle Jean receives the first poppy of the 2009 National Poppy Campaign yesterday from Wilf Edmond, Dominion President of the Legion, during a ceremony at Rideau Hall.

### Councillor wants rethink on SmartBus

TRANSIT OC Transpo is estimating a new \$17-million suite of SmartBus enhancements could save the company more than \$50 million over the next 10 years, but one east-end councillor wants to reboot the process on the grounds that it's more than they asked for.

Innes Ward Coun. Rainer Bloess intends to bring a motion to city council today that would restart the procurement process for a nextstop announcement system,

### \$17M system

• Coun. Bloess said OC Transpo should be focusing on providing better service, rather than looking for bells and whistles to add to buses.

after the winning bid came in at \$10 million more than initially estimated.

The winning option also included extra features like a state-of-the-art predictive arrival system and a diag-

nostic system on the buses. In a memo to council, transit services general manager Alain Mercier wrote those extra features would produce a return on the investment of \$50 million over 10 years by reducing the need for new buses, increasing revenue and creating operational and maintenance efficiencies.

The winning option is also endorsed by the city's technology adviser, Rob Collins.

TIM WIECLAWSKI/METRO OTTAWA

### Helping people with disabilities save for the future

The Government of Canada has now made available the Registered Disability Savings Plan (RDSP) to help people with disabilities, under 60 years of age, who are eligible for the Disability Tax Credit.

A matching Canada Disability Savings Grant of up to \$3,500 per year will be paid on eligible contributions made to an RDSP.

The Government of Canada will also contribute a Canada Disability Savings Bond of up to \$1,000 per year to the RDSPs of eligible low- and modest-income Canadians, even if no contribution is made.

For more information on eligibility:

Go to www.disabilitysavings.gc.ca Or call 1 800 O-Canada (1-800-622-6232) TTY users may call **1-800-926-9105** 



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Tomorrow, the O-Train marks its eighth year of service in Ottawa

### O-Train: Steady or stuck?

Tomorrow, the O-Train will mark its eighth anniversary of service and supporters say they are frustrated that such a "perfect" system hasn't progressed one inch beyond its original configuration.

morning, Yesterday members of Friends of the O-Train took a celebratory ride on the train to mark the bittersweet occasion.

That the O-Train has become an integral piece of the transit network is reason to celebrate, said Friends of the O-Train founder David Gladstone. When it was launched, critics called it the "Train to Nowhere," he said.

Today, it accounts for more than 10,000 trips per day. "It is a core transit service. There would be immense problems caused if you have no O-Train," said Gladstone

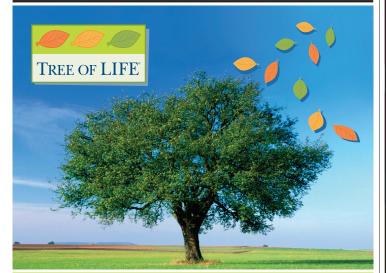
Since the day it first ran, the O-Train had stops being called out - all five of them — and a digital display announcing the next stop. It's similar to the technology the city is considering spending \$17 million to put on buses.

But Gladstone and others

are frustrated that despite its success, the O-Train is still stuck in its infancy.

Members of the Friends of the O-Train insist service should be expanded over to Gatineau via the Prince of Wales Bridge and south to Leitrim Road.

A recent report said it would cost \$40 million to get the Prince of Wales Bridge in a good enough condition to extend the O-Train, but Friends of the O-Train member David Jeanes said that report was a hypothesis, and the real amount would be far lower. TIM WIECLAWSKI/METRO OTTAWA



### GIVE A LOONIE, SUPPORT WOMEN'S HEALTH.

Over the past years, we've established deep roots within the communities we serve and developed strong ties to the dedicated, health-related charities that work within them.

It's our goal to help advance Women's Health in your community. Together, we can climb to new heights in health care. From September 26 – October 16, buy a leaf for a loonie at Shoppers Drug Mart® in support of our Tree of Life®

Visit shoppersdrugmart.ca for a list of the women's health causes supported by the Tree of Life campaign, or donate online.



### Ottawa housing market stable: StatsCan

REAL ESTATE Canadian housing prices had little movement from July to August, showing stable housing prices, according to a Statistics Canada report released yesterday.

In Ottawa-Gatineau, there was no change in the price of new homes (0.0 per cent). While the biggest increases were in St. John's (up 1.1 per cent) and Quebec (up 0.9 per cent), followed by Regina (up 0.8 per cent), decreases were seen in Hamil-

ton (down 0.5 per cent), Windsor (0.4 per cent) and Edmonton (0.3 per cent). In Hamilton, some builders lowered prices to encourage sales while others offered bonus upgrades.

"Ottawa hasn't had that many changes because the market has been stable in Ottawa these last few months," said Statistics Canada analyst Annie De Champlain. Ottawa is in line with most Ontario cities, she said.

Builders surveyed told Statistics Canada prices can change if the cost of building materials and labour go up, or if the price of land changes, said De Champlain.
In Quebec, for example,

prices continued to increase as builders reported higher material and labour costs. Builders moving to new phases of development also raised their prices due to the scarcity of available lots. tracey tong/metro ottawa



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Security threats a small fraction of deportees

Canada has booted close to 19,000 foreign criminals and security threats from the country in the last decade. Figures from the Canada Border Services Agency show those cases represent only a small fraction — 16 per cent — of all deportations from the country. THE CANADIAN PRESS

### Canada



Young would-be mayor fights on
The 19-year-old who was briefly declared Canada's youngest-ever mayor says his
fight to lead Paradise, N.L., isn't over. Kurtis Coombs vowed yesterday to take his case to Newfoundland and Labrador Supreme Court after a judicial recount confirmed another tie in the vote that was swiftly deemed a contentious victory for incumbent Ralph Wiseman because of an earlier tiebreaker.

THE CANADIAN PRESS

### Father denies torturing kids on jailhouse tape

**COURTS** The father of three murdered children admitted in a secretly recorded jail-house interview that he killed the children, but he assured their mother they weren't tortured before they died.

Allan Schoenborn confessed two months after their mother, Darcie Clarke, found the bodies of five-year-old Cordon, eight-year-old Max and 10year-old Kaitlynne.

Schoenborn thought he was telling only his former common-law wife, but she had agreed to tape the conversation for po-

She met with him at the Kamloops Regional Correctional Centre and spoke on a phone to him, face-to-face with glass separating the two.

The audio of the conver-

### **Grim tape**

• "I thought it was going to go quick," Schoenborn said referring to the children's deaths in a tape played in court. "It didn't go quick. It's not like I knew what I was doing." As their conversation ended, he told her "Don't be so angry. You gotta get that

sation was played yesterday in B.C. Supreme Court.

Schoenborn told Clarke he killed the children to protect them.

"I thought they were being molested," plained. When Clarke asked why

he couldn't have just walked away, he replied that he couldn't because they were in trouble.

THE CANADIAN PRESS

### **Boyfriend faces murder rap**

Chinese police take English-language student, cousin into custody

IFFF HODSON

Police in China have arrested the boyfriend of Amanda Wei Zhao, a 21vear-old English-language student who was murdered seven years ago and whose body was discovered in a duffle bag north of Mission, B.C.

Ang Li and his cousin Han Zhang were taken into the custody of Chinese police this summer and are awaiting trial for the murder, Jenny Kwan, NDP MLA Vancouver-Mount Pleasant said yesterday.

Neither is expected to be extradited to Canada and Li will not face the death penalty if he is convicted, she added. "Nothing

will bring

Amanda Zhao back for the family, their only daughter," said Kwan, who was informed of the arrests by Zhao's family on Oct. 3.

"I am happy for the family that that is finally — I hope — some closure for them. Their day in court is very important.

Kwan and Mike Farnworth, NDP MLA for Coquitlam-Burke Mountain, announced the news yesterday after getting more details this weekend

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Chinese student Amanda Wei Zhao and her boyfriend, Ang Li, are shown in an undated photo. Zhao, 21, disappeared Oct. 9, 2002, after leaving her suburban Burnaby, B.C., apartment.

### Unaffordable college and university Crumbling healthcare infrastructure Expensive transit systems Inadequate public housing & childcare With 1.3 million people in Ontario living in Poverty, it's time to Drop Fees and invest in a Poverty Free Ontario Des collèges et universités inabordables Des infrastructures de soins de santé qui se dégradent Des transports en commun trop chers Du logement et des services de garderie À BAS LES FRAIS Environ 1,3 million de personnes en Ontario vivent dans la pauvreté; il est temps de baisser les frais de scolarité et d'investir dans un ONTARIO ȘANS Ontario sans pauvreté. **PAUVRETÉ**

### Rising loonie troubles Harper

MONEY Stephen Harper says he's concerned about the rapid rise of the Canadian dollar.

The prime minister says the recent strength in the loonie poses a risk to the pace of economic recovery, although he doesn't believe it could choke off the rebound altogether.

Speaking in Vancouver, Harper said the Bank of Canada has the ultimate responsibility for the dollar, but Harper gave no advice on what the bank should do.

The loonie has risen about three cents against the American dollar to about 97 cents US in the past week, and it's expected to hit parity soon.

THE CANADIAN PRESS MORE COVERAGE, PAGE 8

### **News** in brief

AWARD Canadian environmentalist David Suzuki has won an honorary "Alternative Nobel" for his work to raise awareness about climate change.

**CRASH** The same model of helicopter involved in a fatal crash off Newfoundland this year is under scrutiny by an engineering team in the United Kingdom due to unexplained

THE CANADIAN PRESS



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#### Moon plans worldwide mass wedding

The Rev. Sun Myung Moon will marry off tens of thousands of people today in spectacles from the United States to South Korea. THE ASSOCIATED PRESS

### World

### **U.S.** denies bunker buster has Iran link

up delivery of a colossal bomb designed to destroy hidden weapons bunkers buried underground and shielded by more than 4.5 tonnes of reinforced con-

Call it Plan B for dealing with Iran, which recently revealed a long-suspected nuclear site deep inside a mountain near the holy city of Qom.

The 13.6-tonne behemoth - called the "massive ordnance penetrator," or MOP - will be the largest nonnuclear bomb in the U.S. arsenal and carry 2,400 kilograms of explosives. The bomb is about 10 times more powerful than the weapon it is designed to replace.

Pentagon officials acknowledge that the new bomb is intended to blow

"This is just a capability that we think is necessary aiven the world we live in."

Pentagon press secretary Geoff Morrell

up fortified sites like those used by Iran and North Korea for their nuclear programs, but they deny there is a specific target in mind.

"I don't think anybody can divine potential targets," Pentagon press secretary Geoff Morrell said.

"This is just a capability that we think is necessary given the world we live in.

The Obama administration has struggled to counter suspicions lingering from George W. Bush's presidenplanning to bomb Iranian nuclear facilities itself or would look the other way if Israel did the same.

The administration has been careful not to take military action off the table even as it reached out to Iran with historic talks earlier this month. Tougher sanctions are the immediate backup if diplomacy fails to stop what the West fears is a drive for a nuclear weapon.

THE ASSOCIATED PRESS

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### South Africa Protests erupt over living conditions



Residents from the Sakhile Township east of Johannesburg protest poor living conditions yesterday. Several demonstrations protested living conditions in several eastern South African towns.

### **News** in brief

HEALTH CARE U.S. President Barack Obama's vow to reform the U.S. health-care system cleared a key hurdle vesterday. Members of the 23-member Senate finance committee voted 14-9 to approve the legislation, setting up a historic debate and moving an overhaul closer to reality than it has been for decades. The measure meets most of the requirements set out by Obama.

THE ASSOCIATED PRESS

### Developing nations see rampant unsafe abortion deaths: Report

SURVEY While contraceptive use is increasing worldwide — helping fuel a drop in the number of abortions - unintended pregnancies and deaths from unsafe abortion remain rampant in developing nations, a research institute reported yesterday in a major global survey. The report, three years in the making, was

compiled by the New York-

based Guttmacher Institute, which supports abortion rights and is a leading source of data on abortionrelated trends.

Sub-Saharan Africa was singled out as the region with by far the lowest rates of contraceptive use and the highest rates of unsafe abortions and unintended pregnancies.

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world

Hemp protest at DEA headquarters leads to arrests

A half dozen people including two farmers have been arrested and charged with trespassing for trying to plant hemp seeds at the Drug Enforcement Administration headquarters in Virginia. They were among 21 people protesting the ban on hemp farming. THE ASSOCIATED PRESS

### Pakistan bombs insurgents

Pakistani jets bombed mili-tant targets in the main insurgent stronghold along the Afghan border yesterday in softening-up operations ahead of an expected ground offensive there, authorities said.

The army's resolve to launch the offensive in South Waziristan has deepened after a recent series of bold and deadly militant attacks. The Taliban claimed responsibility yesterday for

### **South Waziristan**

 For the past three months, gets in South Waziristan, and

suicide bombing that killed 41 people the previous day elsewhere in the northwest.

The army says 80 per cent of the militant attacks in Pakistan are planned from South Waziristan. The Unitthe military has been trying to cut off militant supply and communication lines.

ed States believes insurgent leaders responsible for the violence Afghanistan are also based in the lawless, remote area.

The army and the government have agreed to launch what is expected to be a operation in the mountainregion. An army spokesman Monday declined to say when the offensive would begin and gave no indication it was imminent. An Associated Press reporter in the region reported no unusual movement of military vehicles yesterday, and did not see large numbers of people fleeing their homes.

THE ASSOCIATED PRESS

### Russia against Iranian sanctions

SAD Russia publicly pushed back yesterday against U.S. efforts to threaten tough new sanctions if Iran fails to prove its nuclear program is peaceful, dealing an apparent setback to President Barack Obama's hopes for Moscow's backing for fresh penalties against Tehran.

Russian Foreign Minister

Sergey Lavrov said Moscow believed such threats were "counterproductive" that only negotiations should be pursued now. Just last month, Russian President Dmitry Medvedev had said that sanctions are rarely productive but "in some cases they are inevitable." THE ASSOCIATED PRESS

### **News** in brie

**EMAIL** A controversial email message buried by the Bush administration because of its conclusions on global warming surfaced yesterday, nearly two years later. THE ASSOCIATED PRESS

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## Comment & Views

Comment

### Even in peace, controversy reigns



arack Obama can be forgiven for feeling little confused these days.

He gets the Nobel Peace Prize and by the reaction, you'd think he was some governor caught philandering when he was supposed to be out hiking the Appalachian Trail.

He should never have answered the phone. Or get Michelle to answer it: "Sorry, what kind of name is that? Nobody here by that

I'm just relieved they didn't give it to me. Fortunately, I've undertaken no "extraordinary efforts to strengthen international diplomacy and co-operation between peoples," so they gave it to him instead.

So now he's the Pinata in Chief. Everybody is out to take a whack. I mean it's

OK if Yasser Arafat or Henry Kissinger gets the Peace Prize, but Barack Obama? What are they smoking in Oslo? Kippered herring? From the Taliban to

Thomas Friedman, the peanut gallery is in anaphylactic shock. The problem appears to be that Obama has vet to establish peace on Earth. It's not enough to be in favour of it; dammit, you've got to make it happen. Who cares that he's pledged to restore sweet reason to U.S. diplomacy, close Guantanamo, restore the legitimacy of the UN,

strive to address climate change, work for a nuke-free world and try to talk sense with insane, evil warmongers like Mahmoud Ahmadinejad and Kim Jong Il? Like, what has he really done, anyway?

Maybe, like Kissinger, he should demonstrate his peacemaking prowess and bomb Cambodia. Surely that would appease his crit-

Or, like Arafat, pretend to negotiate with the Is-raelis while spending the money earmarked for Palestinian relief on secret

age 20,

Burnaby, B.C.

A: Maybe just be more involved in

The list of other, more deserving recipients demonstrates what a travesty this is. How will Obama ever compare with peace-lovers like Teddy Roosevelt and Menachem Begin? I mean, who does he think he is? Lester Pearson?

Somehow, unlike the entire "punditaverse," Obama has managed to prevent his hair from catching fire. He's remained humble, graceful, eloquent and reasonable in the face of outrageous provocation.

The more humble and grateful, etc., he appears, the more infuriated his critics become. I can only conclude that after enduring eight years with that clown who once promised to "restore chaos and order," they've decided to take it out on his successor, who is obviously a grownup and can take it.

So come on, eh? Let's give peace - and Obama - a chance.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

### Word on the street: How can we eradicate poverty?

### Shuaib Syub

age 22, Ottawa

A: I heard that in North America there were more shelters for animals than for people. I don't want to take anything away from animals, but maybe we should balance our priorities a little

### Jessica

age 20, Ottawa

A: We need to get rid of our national debt. We've bor-rowed all this money from interna-tional banks and that's put a lot of burden on the people of Canada

#### Joel **Fawcette** age 25.

Winchester, Ont.

A: People need to be more independent and stop de-pending on hand-outs — to each their own. You have to be in it for yourself because no one else is going to help

### Viviane **Brochot**

age 30, Halifax A·I think health

care could be better. For example, I think prescription drugs should be free and the same for education — it should be free. Education and health care are just basic human rights and I don't think anyone should have to pay

### **Ernie** Nikita

age 59, Toronto

A: Eliminate greed. And then we share . No greed, people share, we've got peace ... Along with poverty goes dis-ease, goes illness ... It's a distribution problem, but it's all



### ANOTHER CURRENCY CLIMBS TOWARD PARITY WITH THE U.S. DOLLAR: Karen **Thomson**





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#### Drop in European beer sales hurts growth worldwide

A drop in demand for beer in Western Europe has slowed beer sales growth worldwide, beverage research agency Canadean reports. Growth fell from six per cent a year earlier to 1.9 per cent. Europe is home to eight of the top 10 beer-consuming countries in the world. METRO NEWS SERVICES

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EDITOR: FERMIN DESOUZA@METRONEWS CA

### Heat on BoC as loonie rises

The Canadian dollar continued to rise toward parity with its American counterpart yesterday, putting pressure on the Bank of Canada to match its words of caution with action.

The loonie has risen nearly three cents in the past week and was trading at about 97.20 cents US yesterday afternoon, although it had been even higher earlier.

While some forecasters had expected the loonie to hit parity by early next year, it now appears that that "could happen middle of next week." said Derek Holt, vice-president of economics with Scotia Capital.

That is good news for consumers in Canada, who may see the prices of im-

### **Mortgage hikes**

 Scotiabank, CIBC and the Bank of Montreal raised their posted rates for closed, fixed rate mortgages by up to 0.35 percentage points effective today.

ported goods fall, and for vacationers or retirees who spend their winter months in the warm states.

But Canada's manufacturing and forestry sectors could be devastated by the loonie's continuing surge.

The Canadian Manufacturers and Exporters estimates a one per cent appreciation in the loonic cuts sales by about \$2 billion, equating to about 25,000 jobs.

THE CANADIAN PRESS

### NYSE **Actress lends support**



Actress Elizabeth Hurley lends her support to Estee Lauder Companies breast cancer awareness initiative as Evelyn Lauder, Estee Lauder's senior corporate vice-president, rang the opening bell yesterday at the New York Stock Exchange.

### 'The Rationalizer' a high-tech mood ring for home traders

**TECHNOLOGY** Philips Electronics has teamed up with a prominent Dutch bank to develop a system of warning home traders when they're about to make a decision to buy or sell stocks while feeling overly emotional.

It's called "The Rational-

it's called The Rationalizer," and a test model is on display at an innovation summit in Brussels this week.

It consists of an "Emo-Bracelet" that looks like it might come out of a science fiction film, and a light-emitting "EmoBowl" that rests near a trader's computer.

The bracelet supposedly feels emotional states and sends radio signals to the bowl. As the user's feelings intensify, the bowl glows yellow, orange and finally red.

The device essentially measures the way you sweat, said Philips' design arm director Geert Christiaansen yesterday.

THE ASSOCIATED PRESS

### **Business** in brief

HOMES Statistics Canada says contractors' prices for new homes rose 0.1 per cent in August after a 0.3 per cent irise in July. Year-over-year, however, new house prices were down 3.1 per cent. THE CANADIAN PRESS

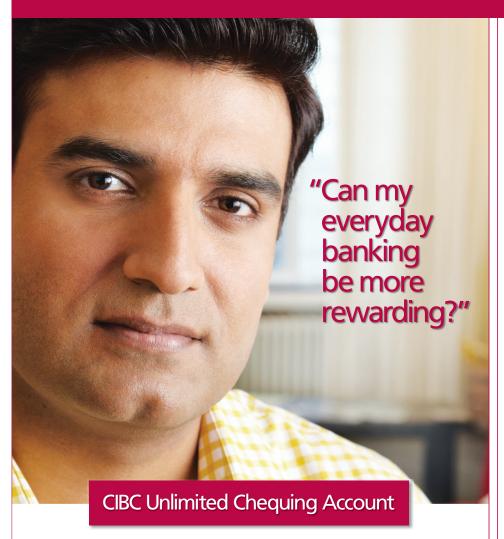
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#### Seau back for a 20th season

Junior Seau is back with the New England Patriots, coming out of retirement for a third time to sign a contract yesterday for a 20th season as an NFL linebacker. The signing of the 12-time Pro Bowl player was announced by Versus, the television network on which Seau has a show. THE ASSOCIATED PRESS

## Sports



### **Enforcer apologizes**

Montreal Canadiens enforcer Georges Laraque, left, says he's sorry for appearing in an ad being slammed as sexist. Women's groups have decried the ad for an alcohol drink in which Laraque plays street hockey with a group of scantily clad women. Laraque says he should never have done the ad, is sorry if he offended anyone, and swears he donated the money from it to an animal-rights group.

FDITOR: CHRIS CLEMENTS@METRONEWS CA

### **IOC down on atomic bid**

Hiroshima, Nagaski propose joint hosting of 2020 Olympic Games

An International Olympic Committee official has cast doubt on a proposal by Hiroshima and Nagasaki to co-host the 2020 Olympics, saying only one city can host the Games.

"The Olympic Charter clearly states only one city can host the Olympics. It does not allow two cities to co-host the Games. At the moment, the answer is no," Gilbert Felli, executive director for the Olympic Games, told Kyodo News

### **World peace**

 On Sunday, a week after Tokyo failed in its bid to host the 2016 Olympics, Hiroshima Mayor Tadatoshi Akiba and Nagasaki Mayor Tomihisa Taue said the two cities,

agency yesterday.

Felli said that although there was a proposal to review bid policies, it is unlikely changes will be made before the bid process for the 2020 site of atomic bombings at the end of the Second World War, wanted to set up a joint committee to vie for the 2020 Games, emphasizing world peace.

Games starts in 2011. Rio de Janeiro won the right to host the 2016 Olympics in a recent vote of IOC members at Copenhagen.

The host city for the 2020 Games will be select-

ed by the IOC in 2013.

Felli suggested that it would be possible for one of the cities to host the Olympics and the other to host some of the sporting events. THE ASSOCIATED PRESS

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the instructions at the top of pg 2

# Sed Kennedy

Toronto Kennedy honoured

Former Toronto Maple Leaf Ted Kennedy is honoured before the Leafs played the Colorado Avalanche last night in Toronto. Colorado won the game 4-1. Kennedy died this summer.

### **Sports** in brief

TOUR DE FRANCE Seven-time
Tour de France champion
Lance Armstrong and 2009
winner Alberto Contador will
be on hand today when organ-

izers unveil the 2010 route. Armstrong and Contador were Astana teammates this year, and the Spaniard won the Tour for a second time. TENNIS Canada's Aleksandra Wozniak advanced to the second round of the Japan Women's Open yesterday with a straight sets win over Australian qualifier Sophie Ferguson. Wozniak, 22, of Blainville, Que., won the match 6-1, 7-5 and will face Kai-Chen Chang next.

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For a discussion on a possibile MLS draft of CIS players and how Canadian Sports **11** talent stacks up to that of the U.S., visit metronews.ca/itscalledfootball

### Offensive problems go beyond Heatley's loss



n addition to naming Dany Heatley its first star of the week Mon-day, the NHL might have pondered having someone situated at each of the gates at Scotiabank Place to kick each of the patrons in the groin as they walked in.

(At least their legs wouldn't have gotten too tired. The announced crowd for Monday's game was more than 2,000 below capacity for a game against the Stanlev Cup champions and two of the most talented players on the planet. If that doesn't raise red flags in this economy, it should.)

The Senators could use a of Heatley's goals, wouldn't you say? Going into NHL games last night, the Senators had averaged more than only four other teams in the league. Going into tomorrow night's game against the Tampa Bay Lightning, the Senators are on pace for just 197 goals this season, their lowest output since 1997-98.

And I suspect it's due to a lot more than just having the worst power play in the league at the moment and the loss of an elite scorer in Heatley. Halfway through a plodding 2-1 win over the Toronto Maple Leafs last week, I turned to a colleague and asked if he could pinpoint the precise moment in time the Senators went from being an offensive juggernaut and one of the most exciting teams in the league to being a plodding group plumbers

It would be far too easy to blame Heatley's loss for it. After all, with Heatley in the lineup last season, the Senators scored just 217 goals last season, which was 22nd in the NHL. That came after eight straight seasons in which the Senators were

the NHL. Four of those seasons they finished first and two they were second.

It's funny really. The criticism of the Senators in the past was that perhaps they were too talented, that too often they simply had to put their sticks on the ice and it was good enough to beat most teams. Now we're talking about a team that has trouble scoring from the top of the lineup down to the bottom.

The Senators used to be more dynamic and exciting under Jacques Martin than they are now and there's something definitely wrong with that picture. There's little doubt the team's offensive stars will find their games and the offence will improve, but perhaps it's time to take a moment and mourn the gun slinging Senators of old, because it looks as though they're

The Hockey News Othn.com



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Contigency planning key
Although no one likes to think negatively, financial experts note that small business owners should perform basic contingency

planning, for the sake of your family, employees and clients who would be affected by an interruption of your business. NEWS CANADA

# Ottawa Works

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA@METRONEWS CA

# Jump in retail jobs

TIM WIECLAWSKI tim.wieclawski@metronews.ca

Traditionally, the weeks leading up to the winter holiday season are the most wonderful time of year for the job hunters.

According to employment numbers from Statistics Canada, jobs in trade traditionally see a big jump in the last three months of the year as retail outlets prepare for holiday shopping crowds.

This year, for instance,

This year, for instance, Future Shop plans to hire 5,000 seasonal associates across Canada starting on Friday, Oct. 23.

Robert Waghorn, Monster Canada spokesperson, said business such as Best Buy and The Bay are also recruiting holiday staff.

"For some companies, the holiday represents 30 to 40 per cent of their revenue for the year," he said. "It's usually the one time that consumers match or exceed their spending from the previous year."

Even last year, when overall employment fell by more than 100,000 jobs after October, jobs in retail increased by more than 15.000.

"It's not just retail. There are others things going on too, such as accommodation, food, and tourism," said Statistics Canada analyst Judy Hosein. "You can't get a flight



Jobs in retail traditionally see a big increase in the last three months of the year, as outlets prepare for big holiday shopping crowds.

around Christmas time. With all those people visiting families you're going to find a jump there as well."

Hosein said travel and tourism sees a big jump in employment demand from people travelling south to escape winter, while others take advantage of the snow by visiting ski resorts, which brings demand for hospitality workers and seasonal workers such as ski and instructors. To get those jobs, Waghorn said people should not be waiting to see that Help Wanted sign in the window or posted online.

"Especially in the retail sector, you know there's going to be an uptick," he said. "And definitely reach out to the manager directly if you can meet with them face-to-face, because they're the ones that are making the final hiring decision."

### Unemployment rate drops to 8.4%, Ontario sees job growth

Canada's unemployment rate fell in September, marking the first monthly decline since the start of the global economic crisis, Statistics Canada said on Friday.

The unemployment rate dropped 0.3 points to 8.4 per cent and September saw the growth of 31,000 full-time jobs, mainly in Ontario and for youths and women over the age of 25.

There was an overall national growth of 92,000 full-time jobs.

This was the second consecutive month of employment gains.

However, analysts were quick to note that a "statistical quirk" related to students leaving full-time summer work and going back to school may be partly responsible for the surprisingly optimistic gains, regardless of Statistics

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Canada compensating for that seasonal adjustment.

"We're on the road to recovery, but it's definitely going to be a slow road, and it's full of obstacles," said CIBC World Markets economist Meny Grauman.

Noting that youth unemployment, which is currently almost double the national rate, dropped 1.2 percentage points to 15.1 per cent, Grauman said, "Definitely there are some reasons to be optimistic, even once we account for the statistical quirks."

Statistics Canada noted that, despite the relatively positive numbers on Friday, "full-time employment has fallen by 395,000 or 2.8 per cent since the employment peak in October 2008."

"In Ontario, employment rose slightly as large full-time gains were dampened by losses in part



Education services was one of the sectors to see gains.

time," the agency noted, leaving British Columbia, New Brunswick, and Prince Edward Island the only provinces with "notable employment gains."

Construction and educational services were some of the sectors with employment gains. There was also some positive news for Canada's manufacturing sector, with 26,000 manufacturing jobs being created throughout the last month. Transportation and warehousing both saw a decline.

In Canada, full-time employment peaked in October 2008. Responding to last fall's financial meltdown, employers eliminated more than 486,000 jobs, many of them in Ontario's hard-hit manufacturing sector.

United Steelworkers economist Erin Weir said the positive growth validates government stimulus, but noted there were several reasons to dilute one's optimism, given the continued bleak prospects for male workers and the regional imbalances in job creation.

"One of my concerns is that people will look at these numbers and conclude that the labour market is already recovering and that there's therefore no more need for for public policy to create jobs and enhance benefits for the unemployed," he said. "One of the only reasons we did see an improvement in the labour market is because of proactive public policy."

Although the numbers released by Statistics Canada on Friday may bolster those who say the Canadian economy is climbing its way out of the recession. economists still think unemployment will peak in the months ahead.

An Organization for Economic Cooperation and Development employment forecast in mid-September predicted that Canada's unemployment rate was likely to climb as high as nearly 10 per cent.

Since October, most of the employment losses have occurred among adult men and youth.

But Statistics Canada noted the trend of Canada's labour market has been improving steadily forward since last winter.

Workers in education services also saw improvement with 18,000 jobs added to the sector last month, when students returned to schools, colleges and universities following the summer break.

TORSTAR NEWS SERVICE



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Did you know?

While there may be truth to the old adage, "You have to spend money to make money," financial experts note that most successful businesses are strategic about their spending and always conscious of controlling expenses. NEWS CANADA

### ottawa works 13

### City recruiting for paramedics

TRACEY TONG tracey.tong@metronews.ca

Generally speaking, there's no shortage of paramedics in the City of

But with the aim of providing residents with the best, most comprehensive care possible, the Ottawa Paramedic Service is looking to expand its team.

The service is looking to hire several full-time advanced care paramedics.

"We're not short of staff per se," said Ottawa Paramedic spokesman J.P. Trottier. "What we're trying to do here in the city is to have one advanced care paramedic in each vehicle, working with the primary care paramedics," he said. "That means that on each potential call, 24 hours a day, we can be assured that patients would have that level of experience and treatment available to them, whether they need it or not."

There are two levels of paramedics in province, said Trottier.



The City of Ottawa is looking to hire several full-time advanced care paramedics to expand its Ottawa Paramedic Service.

While all paramedics provide life-saving medical treatment, primary care paramedics are certified after two years of post-secondary, and the advanced care paramedics do a third year of schooling. As as a result, the advanced care paramedics are able to perform more invasive treatments.

Think of advanced care "as having a mini emer-

gency room at your door," said Trottier. "For example, if a person has a collapsed lung from a car accident, (an advanced care paramedic) can reinflate that lung. If an airway is

blocked, they can put a tube in there." In order to reach an ideal

In order to reach an ideal complement of advanced care paramedics, 60 per cent of the city paramedic service's front line staff—

to cover for illnesses and holidays — would have to be certified in advanced care. Right now, it's closer to 40 per cent. While there is a shortage

While there is a shortage of advanced care paramedics in Ottawa, the situation is the same across the country.

The city recruits advanced care paramedics from all over Canada, but also encourages its current primary care paramedics to take a year leave of absence and go back to school — Algonquin College and Cite Collegiale both offer the programs — to upgrade. The job is held for the employee, and if they pass all their exams and successfully obtain their certification, they are guaranteed a full-time job, Trottier said.

Sometimes, getting employees to do this can be more difficult than it sounds. Salaries of primary care paramedics are good, and it can be hard for them to leave work for eight months while they get the advanced care certification, Trottier said.

### Ergonomics can give comfort

If you, or any of your coworkers are experiencing backache, neck ache, fatigue, numbness, or tingling in the arms, hands and wrists, it's time to assess your workstations for better ergonomics.

If such symptoms are left unchecked, office employees could be exposed to serious and sometimes debilitating injuries. Poor office equipment is often to blame.

One of the greatest oversights when working with computers is the limited information available on how to position the user correctly.

"Proper positioning of the arms, hands, wrists, fingers, shoulders, neck, back and feet is imperative to prevent discomfort and injuries," says Lauren Klacza, fitness consultant with Trifit. "Office ergonomics and ergonomic products are a recom-

### **Tricks of the trade**

- One Touch Stapler: Requires less force and is easier on the hands, wrists, arms and back.
- One Touch 3-Hole Punch: Features an ergonomic comfort grip.
- Papermate Ergonomic Grip Pen: Endorsed by physiotherapists. NEWS CANADA

mended solution.

"The standard design of the keyboard and mouse can easily cause discomfort," Klacza said. "In many cases, users are required to bend their hands to the side when typing and that can be detrimental to the entire arm. And another common problem is typing on a keyboard placed on the desk. Since a desk surface cannot easily be adjusted to the proper height and angle, the user's muscles may be strained for long periods of time, resulting in shoulder, back, neck, arm, hand, and wrist pain. Today's innovative keyboard tray — with height and angle adjustability — is the most effective way to solve this."

NEWS CANADA



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If your windows or doors are wasting energy or simply decrepit-looking, replacements can be an excellent use of your home improvement dollars. HGTV.CA

# Reno Rebate



### Make it match

When remodelling the kitchen, keep the project in line with the style and quality of the rest of the house and neighbourhood. There's no point in putting a pricey granite countertop on dated-looking 1970s cabinets.

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

### rganize your indoor workspace

The eavestroughs have been cleaned, the mower has been put away, the trees are trimmed, and the garden "winterized" — so now that the season of outdoor projects has passed, what's a home handyman to do?

Plenty. This is the perfect time to head inside and tackle your workspace clutter. After a busy summer, workbenches are often in rough shape, so now's the time to take inventory and get organized in just a few simple steps.

Zone it: Assign zones for

each function. For example, a typical garage might store automobile supplies, sports equipment, gardening and lawn care tools, holiday decorations, and tools. Focus on three to five zones and organize vour work space accordingly. This will help keep your workbench free of soccer balls, frisbees. Christmas ornaments and anything else that will interfere with your projects.

Get it: Do you really need a 12v, 14v and an 18v drill? Multifunctional tools are a great way to help minimize clutter. If you have an 18v drill and a small screwdriver, you'll be able to tackle nearly all of the jobs around your house.

Store it: Proper storage solutions make all the difference when you are searching for the right tool for the job. Don't just pack things in a box and put it on a shelf above your bench. Look at purchasing organizational tool chest, and be sure to label each drawer for fast and easy retrieval. And don't forget about those loose screws, nuts and bolts. If

you don't tackle this job, you'll always be running out to get extra fasteners for each project — costing you time and money. Many home hardware centres sell organizing cabinets, but even a tackle box from your local sporting goods store will do wonders.

Maintain it: Stick to your new system and return things to their right place after each project. An organized workbench will save you time, money and aggravation so you can get back to work — and play.



Multifunctional tools are a great way to minimize clutter.



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### Top 3 ways to keep energy costs down

As fall comes to a close and the temperature drops, many homeowners realize how energy inefficient their house actually is.

There are a few tell-tale signs: Frigid air seeping in around the window frame; the cool touch of the outside walls; or, worst of all, the energy bill that spikes suddenly. In a year when many people are watching wallets, what can homeowners do to save energy to save money?

According to The Home Canadian Green Home Index, a bi-annual survey tracking con-sumers' attitudes and behaviours toward greening their homes, the majority of Canadians want to be more environmentally responsible at home, but most aren't overly confident in their abilities.

"You don't need to undertake a massive renovation to make your home greener and more energy efficient," says Moss Brookfield, an associate at The Home Depot. "I regularly help customers find easy, affordable, D-I-Y green solutions — you don't have to spend a fortune to get your energy costs down."

Brookfield says that taking simple steps to tackle hidden home energy wasters can save you money overall. In other words, there's coin to be had for being green. Here are three key areas where many people waste money and don't even know it.

Don't draft away: It 1should come as no sur-



It's easier than you think to turn your home into an energy efficient one, experts say.

prise to many that windows are the number one culprit of unnecessary heat and energy loss. But being energy efficient doesn't mean having to purchase brand new windows for the entire house. While this is certainly ideal, it's not the only option.

For less than \$20, homeowners can purchase a weather-stripping kit that will cover four large win-dows. Apply the double sided tape inside the window frame, stick the clear plastic film to the tape, and use a hot air blow drier to seal the windows. It's that easy. And by sealing and insulating your home,

you can reduce home heating bills by seven to 20 per

Get time on your side: ✓When the heat's on and no one's home, you're spending money on noth-

ing. Save your heat, and spend your dollars when someone's there to enjoy

You can buy a programmable thermostat for less than \$100. Once installed, set the thermostat to turn the heat off during the times of the day when the house is empty. For additional savings, program the thermostat to drop the temperature slightly during the night when everyone is asleep and cuddled under the blankets. Doing this will save you roughly \$180 a year in energy costs \$80 more than you spent on the thermostat in the first place.

**Cosy up:** Another hidden home energy den waster is the water heater. It constantly turns on to ensure the water in the tank is hot and ready for use. But as the hot water sits unused, it cools, causing the heater to kick on to reheat it. This cycle rewasting energy every time.

By purchasing a hot water heater blanket (which is less than \$50), you can minimize the amount of heat lost through the tank's walls, causing the heater to turn on less often. In fact, by covering your heater with a blanket, you can save up to nine per cent on water heating NEWS CANADA costs.

### **About the HRTC**

 The Home Renovation Tax Credit of up to \$1,350 applies to alterations "of an enduring nature and integral to the dwelling," meaning anything that is nailed down or wouldn't get transported away. The HRTC eligible expenditures are more than \$1,000. For more, log on to cra-arc.gc.ca/gncy/bdgt/2009

/fghmrnvtn-eng.html.

Memorial University has signed a memorandum of understanding with the American Bureau of Shipping to create a new research and development centre at the university. The ABS Harsh Environment Technology Centre will support the development of technologies for ships and offshore structures. METRO NEWS SERVICES

# Workology



### St. Clair's "newsplex"

The City of Windsor and St. Clair College are negotiating the purchase of a new building to house the college's journalism school. St. Clair's president says the key component of the proposed Centre for Media Studies would be a "newsplex" where students would write stories and present them in different formats, including TV and radio. METRO NEWS SERVICES

### Two generations | A popular dream sharing one goal

MATIFCOMPTE

With an aging workforce and a group of young, hungry employees ready to fill their shoes, what's an employer to do?

Depending on who you ask, you may get a different answer. Some businesses, like RSM Richter, one of Canada's largest independent accounting and business advisory firms, are trying to recruit younger workers by reassuring them age is not a barrier to career progression.

"People want to work in a place where they can establish themselves," says Robert Kofman, 42, comanaging partner of RSM Richter in Toronto. "If you don't promote good people, they move on.

A recent Angus Reid survey conducted by RSM Richter indicated that 70 per cent of 18-to-25- yearold Canadians are concerned about losing leadership opportunities to older workers delaying retirement. For Kofman, it's important to retain young talent by promoting them accordingly. Combining their ambition with the experience of older employees has helped grow the busi-

He says there is room for everybody, and that the company has done a great job at identifying its high achievers early.

"It's not a scenario



Some employers are trying to recruit young talent, insisting age is not a barrier in their careers.

where you turn 55 and you're out," he says. "Peo-ple are still contributing."

A recent survey by the Pew Research Group predicted that 25 per cent of American workers will be 55 or older by 2016, up from nearly 19 per cent today. An older workforce is going to be a fact of corporate life, and in order to retain important intellectual capital and avoid age-discrimination lawsuits, companies need to figure out how to change office life to accommodate silver-haired employees, said Lance Perry, a senior risk engineer for insurance company Zurich Financial Services in Fort Worth, Texas.

Perry has been analyzing the science of beneficial workplace design for more than 25 years and recently helped write a report on how to best accommodate and retain aging employees. One of the areas the report explored was the importance of passing on corporate knowledge from one generation to the next.

It's mentorship programs like this that help the vision and ideas of young leaders become real, workable policies: A component quite valuable to the success at RSM Richter.

Kofman says the older workers can use their experience to work with younger ones to implement successful initiatives.

"It's helpful to have vision (from the younger workers), he says, "and experience (from older workers) brings in reality."

WITH FILES FROM THE ASSOCIATED PRESS

### **Clarification**

• In an article published last Wednesday with the headline Help Loblaw help you, Eiren Good, a grad from Calgary who went to Mount Royal College was incorrectly identified as a grad from Kelowna, B.C. grad from Kelowna was in fact Garret Mellon. Metro rearets the error.

### sidered working

for yourself? It's dream that countless Canadians share. Wouldn't it be wonderful to be your own boss, to build a business that could employ your family or friends and neighbours, and to keep all the profits for yourself?

It's a powerful dream which is why thousands of people make that leap every year. In fact this year, as the economic downturn deepened, statistics showed entrepreneurship on the rise. It's actually a typical phenomenon during recessions workers who lose their jobs sometimes decide to create their own.

So what does it take to start a successful business? You can pick up some clues by watching Dragons' Den tonight. As always, a wide

ter the Den, seeking invest-ment from the Dragons the self-made millionaires who regularly invest in those brave enough to pitch them on this CBC reality show. Some of the pitchers are well established young woman named Jacqueline Sava has sold \$1 million worth of her lingerie soap called Soak over the past three years. She sells her product online, and in stores across Canada. But she wants investment to expand into the U.S.

Others are rookies. Mike Bailey from Hagersville, Ont. has developed software for people considering a tattoo. It allows you to preview a picture of how the design will look on you, before it's inked on. But as you learn in their presentations to the Dragons, neither of these two entrepreneurs are actu-



ally making money yet. It's one of the realities all would-be business owners have to consider. It takes time to build the business.

On the bright side, consider the stories of the Dragons themselves. Jim Treliving was a Mountie: Now he owns Boston Pizza and Mr. Lube. Arlene Dickinson was a single mother of four; now her marketing firm services huge clients, and she wears diamonds and

Entrepreneurship is a dream worth pursuing.

Dianne Buckner is the host of Dragons' Den. Tonight's episode airs at 8 p.m. on CBC. Fol-low Dianne on Twitter @DianneBuckner.

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Auto insurance rates drop: Study

Auto insurance rates dropped by 2.8 per cent among the lowest rates quoted in the third quarter of 2009 when compared with 2008, according to a study by online insurance marketplace Kanetix. CANADIANDRIVER.COM

# Metro Drive

### Prius still greenest

The redesigned Toyota Prius is still the most fuel-efficient car consumers can buy, according to Consumer Reports, which has named it the Top Pick for Green Car in its annual auto issue for the past six years.

METRO NEWS SERVICES

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA



### 370Z rocks the open air

MARK ATKINSON for Metro Canada

It's rare that automakers get highly specific about which of their competitors' models they're targeting with a new product. Sometimes there's a broad reference to a certain class or size, but usually it's extremely vague.

So it's surprising that Nissan is getting aggressive with its new 370Z Roadster, the latest version of its iconic sports car, saying the Japanese two-seater has what it takes to take on the class-leading Porsche Boxster.

Boxster. "The 370Z Roadster delivers an exhilarating connection to the air, wind and environment on top of the new Z Coupe's exceptional levels of performance," said Ian Forsyth of Nissan Canada.

The 370Z Roadster



The interior features what Nissan calls a 'twin cockpit' design, with body-coloured panels flowing down into the cabin.

shares its mechanicals with its fixed-roof sibling, meaning it features a 3.7-litre V6 that produces 332-horsepower, and sends its power to the rear wheels through either a six-speed manual or optional sevenspeed automatic transmission.

Selecting the optional sport pack with the manual brings the truly awesome SynchroRev Match system, which makes everyone sound like Michael Schumacher when downshifting by automatically blipping the throttle to the optimal revs without touching the gas pedal.

Estimated fuel economy is 11.6/7.7 L/100km city/highway for the manual transmission and 11.4/7.6 L/100km city/highway for the auto.

The Z Roadster feels

quick and corners flat, thanks to its revised suspension and either 18- or 19-inch wheels and tires. Standard ABS, EBD, brake assist and stability control keep the Nissan in check, while the exhaust sounds excellent with the roof up or down.

Speaking of the roof, Nissan worked very hard to style the soft top to best match the lines of the hard-top Z, and it retracts automatically in 20 seconds with the touch of a button. Exposed to the elements, the driver is reasonably sheltered from the wind, and a combination of seat heaters and an excellent HVAC system extends the al fresco driving season.

Stylistically, the Z Roadster differs from the coupe with its shorter windshield, the hard tonneau cover with twin humps that conceals the folded roof, and a shaped trunk that mimics a

### 2010 Nissan 370Z Roadster

Type: Sports two-seater Price: from \$46,998 Engine: 3.7 V6 HP: 332

### Highlights

- Plenty of features in base model
- Impressive performance

rear lip spoiler. The interior features what Nissan calls a "twin cockpit" design, with body-coloured panels flowing down into the cabin. However, the aggressive arrowhead headlights and sharp front fenders carry over, making it instantly recognizable as a Z.

Pricing starts at \$46,998 for the base car, which includes standard intelligent key, heated and cooled seats, Bluetooth hands-free and satellite radio.

# Hummer in the change



ey Hummer dude... Come on now, wipe that tear... And no long faces...

Have some cake, you'll feel better.

I know GM doesn't want anything to do with you anymore, and just sold the division and all its machismo to a Chinese outfit called Sichuan Tengzhong Heavy Industrial Machinery Corp. for a bargain basement price (about \$150 million)...

But just remember what Mother Superior said to Maria, after all those shenanigans with the Van Trapp family came to a head, and she had to broach the subject of Maria maybe not being suited anymore for the nunnery business: "When the Lord closes a door, somewhere he opens a window."

In Hummer's case, that window might be the opportunity to re-invent itself. Now that there are a lot fewer of us into excess, and a lot more of us into green, Hummer is, to put it mildly, not all that well positioned, at least in its current guise.

Sure, you couldn't think of a worse vehicle line to re-make as some kind of environmentally friendly brand. But that's precisely what makes the possible re-invention so intriguing.

I think Hummer will, and should, always keep some hard-core vehicles in its lineup.

But what if it managed to pull off a small brute that got better mileage than the Chevy Volt? Should that happen, the hills would be alive with sound of irony.

You have the spotlight, Mr. Hummer. Let's see what you got.

Michael Goetz has been writing about cars and editing automotive publications for over 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.

### Panamera opens doors for Porsche

PETER BLEAKNEY for Metro Canada

With this Saturday's Canadian debut of the 2010 Porsche Panamera, the term "five-door hatchback" will take on a fresh meaning.

meaning.
This is the first all-new Porsche in seven years, and the automaker's first foray into the four-door premium luxury car market

"It's a logical next step for Porsche." says Canadian Porsche public relations head Laurance Yap.
"There are many

"There are many 911 customers buying into this segment who would like to keep their purchases in the Porsche family. We also expect the Panamera to bring a lot of new, first-time customers to the brand."

Dream Car



The Panamera in Porsche's entry to the four-door premium luxury car market.

From the headlights to the prominent fenders to the rounded back, this large "space coupe" (in the words of chief designer Michael Mauer) broadcasts 911, yet unlike that rear-

engined icon, the Panamera carries a 4.8L V8 up front, powering the rear, or all the wheels, depending on model. The only available transmission is a seven-speed, double-clutch manual/automatic (PDK) transmission.

### **Porsche in Ottawa**

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To celebrate the minting of the U.S. Virgin Islands quarter, tourism officials are promoting 25-cent US room rates at participating hotels for travel before Nov. 15. See Booklt.com to make reservations for air-hotel packages. THE ASSOCIATED PRESS

### Travel



### **Hot Honduras**

Frommer's has just debuted a new travel guide devoted solely to Honduras, citing a 65 per cent increase in North Americans travelling there in the last five years but also because of increased interest in the region. Nicholas Gill, author of the first edition of Frommer's Honduras, says the Central American country has "a little bit of everything: beaches, active adventures, historical sites, indigenous cultures, wildlife and laidback getaways."

> Piazza Cappuccini, 1, Palermo, and are open daily, 8:30 a.m.-1

> · Capital Cruises, capitalcruis-

es.com. and Lonestar River-

boat, lonestarriverboat.com,

offer bat-watching boat trips.

Bat observers can call a bat

nightly flights, courtesy of the

Austin American-Statesman

movement of the 1.5 mil-

lion mammals on their

nightly journey to forage

These bridge bats are considered to be the largest urban bat colony in

North America, according

to Bat Conservation Inter-

national. They're also a

attraction

Visitors and locals alike

gather on the bridge, on

the banks of Lady Bird Lake below, at nearby bars

and restaurants and even

on boats. Far from a nui-

sance, the Austin bats are a

prized attraction in this

city that prides itself on be-

ing "weird." There's a bat

festival one weekend in

the summer to celebrate

Bat Conservation Inter-

national educates the pub-

lic about the bats, most of

which migrate to Mexico

for the winter In Austin

they make their home in

the crevices beneath the

at night, they help with pest control by devouring

from 4,500 to 9,000 kilo-

grams of insects, according

to the organization.

When they go out to eat

the colony.

bridge.

for food.

tourist

Austin

(512-416-5700, ext. 3636).

hot line throughout the sea-

son for information on the

p.m. and 2:30 p.m.-6 p.m.

Austin, Texas bat colony

# The world's spookiest spots Forgo the haunted house attractions for bats, bodies and spiders

**Haunted house attractions** and ghost tours can be a lot of fun. But some things are naturally spooky, with no fake blood or recorded howls required.

If you relish the notion of getting your thrills and chills without Hollywood special effects, check out the world's largest urban bat colony in Austin, Texas; immerse yourself in the webby world of spiders at the Museum of Natural History in Los Angeles; or take a trip to Palermo, Sicily, where the Capuchin Cata-combs display skeletons and mummified corpses, some dressed in their Sunday best.

#### **Capuchin Catacombs**, Palermo, Sicily

Rosalia Lombardo still looks like a two-year-old baby taking a nap, her peaceful features framed by curly blond hair and a cute yellow ribbon.

But the toddler nick-named "sleeping beauty" by Italians has been dead for nearly a century, and is one of the best-preserved mummies among thousands lining the catacombs beneath the Capuchin convent in Palermo, Sicily.



A view of mummified corpses next to a sign saying "friars" in the Capuchins' Catacombs located in Palermo, Sicily, southern Italy. Inset, tourists walk between walls of mummified corpses

Lombardo's was the last body to be placed in the underground cemetery that

was dug in the late 16th century, initially to house deceased monks and later opened to the general populace.

Some 8,000 mummies are openly exposed, stacked ceiling-high in the corridors of the catacombs, lying in open niches or propped up in a standing position, many still dressed in their original clothes.

Monks wearing dark frocks, priests in sacred vestments, aristocrats in their best Sunday dress and the poor in rags as well as young children resting in their cribs were all buried in the catacombs to await Judgment Day.

While Lombardo's body was embalmed by a doctor, most of the mummies were treated by the monks and preserved by the dry environment, leaving smartly dressed desiccated corpses that stare down with empty eyes at visitors walking through the vaulted corridors. The 16th century monks who built the convent outside the city walls soon realized the tufa stone

in the ground helped preserve the bodies of the

They enhanced the process by leaving the bodies to dry for months before treating them with vinegar, lime or arsenic. Today, the mummies may give visitors the creeps or encourage sobering reflections on mortality but, in the cemetery's heyday, they were a comforting presence for relatives and friends who could easily visit their loved ones, pray by their side and care for the body.

Fluttering over head then out to the darkening sky beyond, Mexican freetail bats emerge in down-town Austin at dusk each night from late March un-

masse, a dark moving stream. It's an eerie sight to some but a delight to scores of bat fans who gather at the Congress Avenue bridge to witness the

#### **Spooky spots** Capuchin Catacombs Spider Pavilion, Natural The catacombs are located **History Museum of Los** Angeles County

 The Spider Pavilion is open through Nov. 8, 10 a.m.-5:30 p.m. Because spiders are most active in the dark, the museum is also hosting special Halloween-themed flashlight tours where visitors can watch them at night, on Oct. 17 and 30, 6 p.m.-10 p.m. The museum is located at 900 Exposition Blvd., Los Angeles; nhm.org.

THE ASSOCIATED PRESS

### Spider Pavilion, Natural **History Museum of Los**

Angeles County Hundreds of free-roaming spiders are spinning their webs in this walkthrough landscaped exhibit. Visitors can watch spider feedings and learn about the webs' intricate architecture and engineering.

Fifteen local and exotic species are on display, including the large golden silk spiders of the Nephila genus and the golden orb weavers of the Argiope genus, which are known for their yellow and black markings. Each spins a unique web, some of which are several feet wide.

Unlike a butterfly pavilion where free-flying butterflies sometimes land on visitors, here the spiders stick to their webs along the sides of the pavilion. Humans are not permitted to touch them

While some visitors may experience an involuntary shudder or a touch of arachnophobia in the presence of all these eightlegged creatures, the museum says that the goal of the exhibit is to "convey how harmless and gentle these animals are and how important they are to our ecosystem."

Several times a day, visitors get to watch the spiders being fed live crickets by museum staff.

Outside the pavilion, other species like tarantulas are on display in terrari-ums, with museum entomologists on hand to answer questions.

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### **North America's largest** urban bat colony Austin, Texas

til November.

They take flight en

These city bats aren't the only ones visitors come to see in the region, though they may be the most easily accessible for out-oftowners. Several large

colonies can be found in caves in the nearby Hill Country, like the privately owned Bracken Cave near San Antonio, with its concentration of more than 20 million bats.



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The Colorado Tourism Office has launched a contest to give three "snow virgins" - i.e. those who have never seen snow or built a snowman — an expenses-paid, three-month trip to Colorado, January through March. See snowatfirstsight.com. THE ASSOCIATED PRESS

### Low-cost carriers tweet with passengers

Customers find technology gets their complaints resolved more quickly

from an airport that JetBlue's birthday present to her was forgetting to put her wheelchair on her flight. Seven minutes later, an airline official tweets back that the crew will work quickly to make things right.

On a Facebook page used by Delta Air Lines, a traveller suggests Delta wrap its

**Airfares** 

Las Vegas

Los Angeles

price rather than charge separately. The airline does-n't respond. The page mainly promotes the airline, talks up new services and offers travellers tips on popular things to do in the cities Delta flies to, like Las Vegas.

Discount airlines have traditionally outflanked the big network carriers in cus-

### "I think we all believe there's gold in these hills. How to mine that gold, we all take different approaches."

Roger Frizzell, American Airlines spokesman

tomer service and low fares, and it appears they're extending their advantage to social media.

The discounters often respond with quick feedback to travellers' concerns on social networking sites, while traditional network carriers peddle last-minute fare deals but seem slow to embrace Twitter and Facebook to beef up customer service.

Customers crave good service and reward airlines that provide it. A survey cited in a July report by Forrester Research showed that 68 per cent of U.S. online leisure travellers say they'd be willing to recommend carriers to family and friends if the company made them feel like a valued customer.

That's a tantalizing incentive for airlines to transform customer service from the dull telephone and email route into the online networking channel where every customer can speak his mind to the masses — at a time when the weak economy has caused their revenue to plummet.

The Internet has opened the door to millions of people to beam their views across the planet on everything from the quality of airplane food to how long they waited on the tarmac to take off. This presents a conundrum for some air-

It takes manpower to troll social networking sites that are updated around the clock. JetBlue has 10 people involved with social networking; Southwest Airlines has seven. But the big carriers, with their higher



These days, unhappy passengers can complain instantly — and very publicly — about poor service via Twitter. In the U.S., lowcost carriers have been more attentive to such complaints.

costs, have faced budget cuts and reductions in management and frontline staff. US Airways, for instance, in Iuly said it would eliminate 340 customer service agent positions around the U.S..

So, network carriers like American Airlines, Delta and Continental Airlines focus on merchandising, promotions, general information and other issues while

taking baby steps when it comes to responding to complaints on social networking sites.

"I think we all believe there's gold in these hills. How to mine that gold, we all take different approaches," said Roger Frizzell, American's vice-president of corporate communications and advertising.

THE ASSOCIATED PRESS



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\* taxes & fees \$115 INCLUDES 4-star Manhattan accom. Departs Nov 13/ggv/aa.

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FOX is giving American Idol season four winner Carrie Underwood her own two-hour variety special. The singer, 26, will host Brad Paisley, Dolly Parton and fellow Idol alum David Cook on her Dec. 7 show. PEOPLE.COM



### Klum has a girl

### Children's books come to life

### Where The Wild Things Are is the latest big screen adaptation

PHIL BROWN for Metro Canada

Spike Jonze's cinematic adaptation of Maurice Sendak's classic Where The Wild Things Are is only a few days away from hitting screens and the advanced word is surprisingly good.

While many adaptations of children's books merely take advantage of the marketing possibilities of recognizable stories and characters, this film actually examines some of the themes and ideas found in the original text, making it one of the few films to accurately capture these aspects of children's literature.

"Good children's literature has at its heart something that is essential and true to childhood experience," says Dr. Deirdre Baker who teaches the subject at the University of Toronto. "It conveys much more between the lines than it does on the surface or in

Film adaptations rarely feature this aspect of the source material. Very little is left open to interpretation and subtext is usually replaced by crude gags and pop culture references (as in the glossy adaptations of Dr. Seuss' beloved The Cat In The Hat and The Grinch).

Why is this the case? Baker suggests that "watching



The film adaptation of children's book Where The Wild Things Are opens in theatre on Friday.

a film is being taken for a ride while reading text is playing out your own ride." Perhaps the passive experience of watching a movie makes it difficult for filmmakers to convey the subtleties of the original text to their audience. The other key factor is the commercial angle that Hollywood filmmakers are forced to

take on the material.

As Dr. Heather Evans a children's literature professor at Queen's Universi-- observes, "Films for children are produced and marketed by adults, and are designed to appeal to adult's perception of a child's tastes or needs." It's an important point since children's films are often created to sell stuffed toys and Happy Meals.

Of course, that doesn't mean it's impossible to create an intelligent movie based on children's literature: It's just difficult given the differences between the two mediums. A film like The Princess Bride was able to capture all the nuances of the original book,

### Movie feature

while still playing as a movie (perhaps because the screenplay was written by the novel's author William Goldman).

Impressive adaptations like this certainly can be made, they just require filmmakers who respect both the source material and the intelligence of their young audience.

This combination is sadly rare, but fortunately it looks as if Jonze managed to achieve it with Where The Wild Things Are by making the material his own. Author Maurice Sendak specifically chose the director of Being John Malkovich to bring his work to the screen, and it seems as though his faith has been richly rewarded.

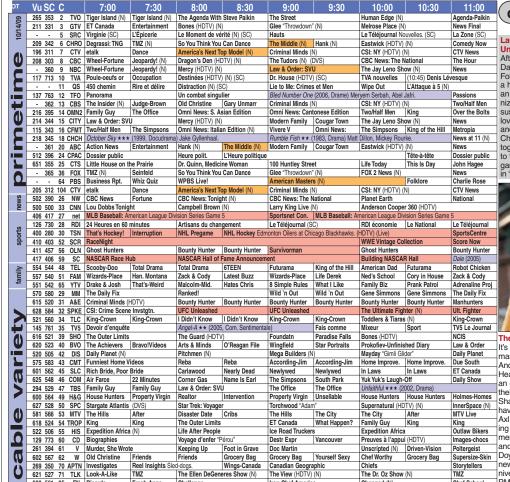
### In **brief**

MUSIC Janet Jackson is topping her latest greatest-hits collection with a new single. The greatest-hits collection, called Number Ones, includes 33 classic Jackson hits and her newest song, Make Me. The two-disc album will be released Nov 17 Number Ones spans the pop star's career, from her 1986 debut, Control, to last year's Discipline. Jackson's last greatest hits album was released in 1995.

**PEOPLE** Boyzone star Stephen Gately, whose body was found in a house on the Spanish resort island of Mallorca, died of natural causes, according to autopsy results released Tuesday. A post-mortem showed Gately, an Irishman, died as a result of a pulmonary edema. or fluid in the lungs, the Balearic Islands Superior Justice Tribunal said in a state-THE ASSOCIATED PRESS







### critics'corner—

### Law & Order: Special Victims After a night of heavy drinking,

Dalton Rindell (guest star Scott Foley, "The Unit") wakes up with a head injury and a dead woman in his bed. He doesn't recognize the victim, so although they suspect the crime is tied to a love triangle, Detectives Benson and Stabler (Mariska Hargitay, Christopher Meloni) try to piece together the crime by returning to the bar where the night began. Richard Belzer also stars in "Hammered." 9 PM on 9 NBC



### The Middle

It's difficult to find time for romance when you have kids. And Frankie and Mike (Patricia Heaton, Neil Flynn) are having an especially hard time of it on their anniversary. Brick (Atticus Shaffer) is ill. Sue (Eden Sher) is having her own love issues, and Axl (Charlie McDermott) is itching to drive. And we haven't even mentioned the two crazy aunts and the incontinent dog. Brian Doyle-Murray guest stars in the new episode "The Floating Anniversary." 8:30 PM on 20 ABC, 9 PM on 6 SHRO

### **22** entertainment



Mary-Kate and Ashley Olsen have made oversize shades a signature part of their style, so they have chosen to add vintage-inspired shades to their luxury label The Row. The glasses will be out this spring, people.com reports. METRO NEWS SERVICES

### **Celebrity Buzz**

**University interns warned** 

TELL ME WHAT YOU WANT? Mel B says the Spice Girls are planning an "exciting" reunion, femalefirs.co.uk reports.

The 34-year-old singer has revealed the girl group also consisting of Emma Bunton, Victoria Beckham, Mel C and Geri Halliwell — are ecstatic to be the ' working on comeback proj-

told

LETTERMAN WATCH David

Letterman's days of frolick-

ing with interns are over

Connecticut university is

concerned, people.com

sity says it will tell

staff in charge of plac-

ing interns to be extra

careful when send-

studio to

ing students to

work for Letter-

Quinnipiac Univer-

at least as far as one

She

reports.

Bang Showbiz: "We are definitely going to be doing something together again soon. We're actually working on it right now. I don't want to say too much because I don't want to spoil the surprise, but it's real-

ly, really exciting. I can't wait to be singing with the girls again."

METRO NEWS SERVICE

### Spice Girls comeback | Jon ordered to repay Kate

Consider Jon Gosselin the got caught with his hand in the cookie jar, people.com reports. The reality-

show dad, 32, was ordered by a Pennsylvania judge to return

\$180,000 US to a joint bank account he shares with estranged wife Kate Gosselin.

34. source close to Kate confirms. It's part

\$232,000 that Kate claimed Jon took from the account against their divorce arbitrator's explicit orders.

"The remaining sum of \$55,000, which Ms. Gosselin used for household bills and expenses relating to the children, will be subject to further determination by the arbitrator at later date," Kate's lawyer, Mark Momjian says in a statement out yesterday.

METRO NEWS SERVICES

### Swift will 'definitely' go for new man

man, 62, who is currently at the centre of a blackmail scandal over his alleged affair with one of his former interns.

"Due to recent circumstances we will have a discussion with those in charge of placing our interns at the David Letterman show in the future," the Hamden, Conn., school tells TMZ in

METRO NEWS SERVICE

LOOKING FOR LOVE Taylor Swift is looking for a boyfriend.

The 19-year-old singer who previously romanced Jonas Brothers star Joe savs music has Ionas always come first but she is ready to start dating again, femalefirst.co.uk reports.

"I have always been really busy, so finding a date was never easy," she said.
"I'm better on my own, moving around and doing "I would probably run in career things. But if the opposite direction someone comes along who is right for me I will definitely go for it.'

Although Taylor is ready to find Mr. Right, the singer's previous relationships gone well.

She said: if I saw someone I had a crush on ... and then write a song about it!

Shows why I haven't had successful relationships.'

METRO SERVICES

### **Celebrity tweets**

Olsens add shades to label

Spelling is taking Star magazine to task, Jason Mraz has some car trouble and Rus sell Brand as some plans for the French.

#### @torianddean

Star Mag...LIES! Literally not 1 factual thing in entire article. And, come 2 my house&weigh me Star! I'm 107lbs. if you care about FACTS?!?

#### @jason\_mraz

Almost made it home.....our tour bus just broke down 5 miles from the house, luckily we have friends coming to stay that r picking us u ...

#### @rustvrockets

I'm in "Gay Paris" — I swear as an Englishman that by the time I leave tomorrow it'll be known as "Hetero Paris". Or





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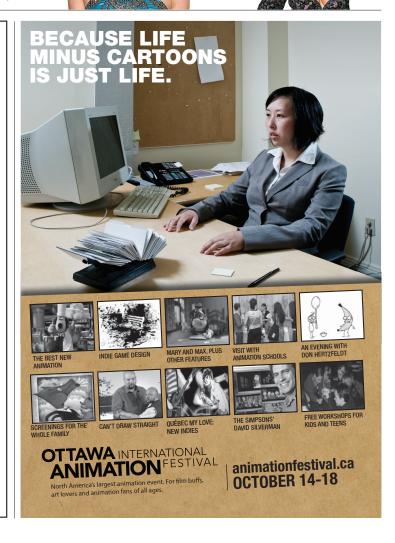
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relationship management







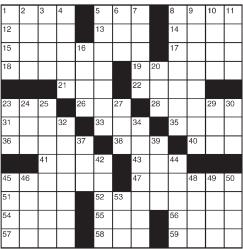






### entertainment 23

#### For more delicious Metro recipes, visit: metronews.ca/food



### Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

9	4				7	1		
2			6	8				3
					9	6		
		1		2				4
	2						7	
8				5		2		
		4	5					
7				6	1			9
		8	3				1	6

### 1 Long story

- 5 Wander about 8 Unembellished 12 Winged 13 Bruins legend 14 Skater's leap
- 15 "Melancholy Baby" start 17 Wound cover 18 Wailed like a
- banshee 19 Safe and sound
- 21 Moreover 22 Sailor's septet 23 Pussycat's partner 26 Bill
- 28 Treat for Tab by 31 Coral
- structure 33 Addressee 35 BBs and such 36 Part of a Santa
- costume 38 PC program, for short 40 Eternity
- 41 Tidy 43 Iewel

- 45 "Friends" role 47 Shriveled grape
- 51 Settle down 52 "Dunno"
- 54 Ticklish Muppet
- 55 Young fellow 56 Tears
- 57 Consider
- 58 Exist 59 Brewer's oven

- 1 Bag 2 Burn aid 3 Ready for
- action 4 Sports venue 5 Paul Harvey sig-
- noff 6 Branch
- 7 Frock 8 Lash enhance-
- ment 9 "Oops" 10 Bring up
- 11 North Sea feeder
- 16 Mobile home? 20 Common Mkt. 23 Sphere

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

#### 24 Teensy 25 Bill Withers' biggest hit 27 Slithery squeezer 29 Latin 101 word

- 30 Calendar abbr. 32 License
- 34 Better model 37 Apply lightly 39 Bartlett or
- Bosc 42 Electrical coil
- inventor 44 Itty-bitty
- 45 Begged 46 "Gilligan's Island" cast member
- 48 Actor LaBeouf 49 Mischievous tykes
- 50 Egg container 53 Corn spike

4 5

2 1 9

3 4 7

6

3 8

4 5 8

1 8 6

2 7 3

6 4

3 6

3 5 8 2

IT'S PRUNE

9 4 8 7 3 6 2

2 5 9

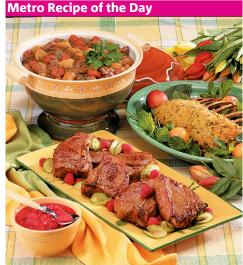
8

4 8 6 9 5

3 6 5 2 4 9

9 7 2

### **Take Five**



### Lamb with **Raspberry Sauce**

#### INGREDIENTS:

2 cups (500 ml) fresh or frozen unsweetened raspberries

3/4 cup 175 ml) finely chopped seeded peeled cu-

1/2 cup (125 ml) finely chopped peeled tart apple 2 tbsp (25 ml) white grape

1 tbsp (15 ml) sugar 4 garlic cloves, minced 3 tbsp (45 ml) olive oil 8 lamb loin chops

### METHOD:

1. Place raspberries in blender or food processor: cover and process until puréed. Strain and discard seeds; transfer purée to small pot

2. Stir in cucumber, apple, grape juice and sugar.

Bring to boil. Reduce heat; simmer, uncovered, 5-7 minutes or until cucumber and apple are

3. Meanwhile, in large skillet, sauté garlic in oil until tender. Add lamb chops. Cook, uncovered, 7-10 minutes per side or until meat reaches desired doneness (for mediumrare, meat thermometer should read 145 F/63 C; medium, 160 F/71 C; well-done, 170 F/77 C). Serve with raspberry sauce.

### **SERVES 4**

### rd.ca

For nutritional infor mation on this and other great recipes go to rd.ca or checl out Key Ingredients



### Horoscopes by Sally Brompton sallybrompton.com

### For Sally's expanded daily and weekend horoscopes, visit metronews.ca

### ARIES

### MARCH 21-APRIL 20 This is one of the luckiest times of the year for you and it will be doubly lucky if you give up some of your independence and let others do things for you.

### **SEPT 23-OCT 23**

There is nothing you cannot do and no one you cannot impress. With Venus, your ruler, joining the Sun in your sign to-day doors will open.

### TAURUS

### APRIL 21-MAY 21 You of all people should know that quality is more important

than quantity, and if you keep that fact in mind today you won't go far wrong.

#### **SCORPIO** OCT 24-NOV 22

someone is in trouble you will ride to their rescue. How-ever, while you can be generous with your time you must be careful with your money.

### **GEMINI**

MAY 22-JUNE 21 Too often in the past your expectations have been too low, but now you will go right the other way and aim higher than you have ever aimed before.

On the web

Fountain of Youth

#### **SAGITTARIUS** NOV 23-DEC 21

The cosmic picture is fortunate in the extreme but unless you put yourself about and shake a few hands there is only so much it can do for you.

#### CANCER JUNE 22-JULY 22

Venus, planet of harmony, moves to focus on domestic issues today, and if you are wise you will use it to smooth over a

### CAPRICORN

long-running dispute.

You are determined to prove yourself and show the world what you can do. Today you have luck on your side. It will take you far.

#### LEO JULY 23-AUG 23

Don't spend all your time on everyday chores because cosmic activity in the most outgoing area of your chart means the potential for love is high.

### **AQUARIUS**

JAN 21-FEB 18 Cosmic activity in your fellow Air sign of Libra makes this one of the best days of the year for getting things done and enjoying life generally.

#### VIRGO AUG 24-SEPT 22

This will be a hugely productive day and, if you plan ahead and think before you act you will impress some very important people.

#### **PISCES** FFR 19-MARCH 20

Joint financial matters will go well today, so well in fact that you are likely to get a bit suspicious and think it's some kind

### TAKE A BREAK FROM WORK

Visit metronews.ca to watch metrætube of the day

### This day in history

1586: Mary I of Scotland goes on trial for conspiracy

against Elizabeth I of England. 1758: Seven Years' War: Austria defeats Prussia at the Battle of Hochkirk

1789: George Washington proclaims the first Thanksgiving Day.

1926: The children's book Winnie-the-Pooh, by A.A. Milne, is first published.

1957: Queen Elizabeth II becomes the first Canadian monarch to open the Parliament of Canada with the Speech from the Throne.

METRO NEWS SERVICES

### Weathering the storms of **DEPRESSION** alone?

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